

"I am so happy I attended a Retreat after many years of sadness. The Team was amazing and helped me come through my suffering to find peace, true happiness, and a renewed sense of faith."

"Going to the Retreat, I found others who had a pain and emptiness in their heart as I did, longing to be healed. It let me know I was not alone. I was able to share my story for the first time and be received with such love and compassion. Together, we found and learned of a loving Father who has been waiting for us to come home to Him. Not to condemn us, but to welcome us back into His loving arms."

"There is a place for you here. God is strong enough to carry your burdens, your shame, your regrets, and to transform them. He can transform you into the son or daughter He knows you to be. Healing has the opportunity to take root when someone takes that first courageous step of saying 'Yes, it is time.' Then step back and let God do the rest. God is simply waiting for your yes."

"I was nervous yet hopeful in doing a Retreat. What I experienced was grace filled healing from a hurting heart and a secret pain that damaged my life. I left feeling mercy and love from God and a Team who helped me move through heaviness to a lighter soul. I walked into a future more purposeful and centered in the love of God who knows me."



Retreat weekend includes:

- Single Occupancy Room
- All Meals Provided
- Time for Reflection and Prayer
- Safe and Nurturing Environment
- Holy Mass and Memorial Service
 - You will have an opportunity to invite close family and/or friends to the service.
- 1PM Friday Arrival



For more information,
contact:

Toni Jester • Retreat Facilitator

412-352-5348

toniafj1@comcast.net

rvofpgh.com



**HEALING BROKEN
HEARTS ONE
WEEKEND AT
A TIME.**

a retreat for post-abortion
healing and reconciliation



Rachel's Vineyard retreat weekend

Who should attend ?

This retreat is open to any woman or man who is struggling with the emotional and spiritual pain of abortion. Married couples, mothers, fathers, grandparents and siblings of aborted children, as well as persons who have been involved in the abortion industry, can find peace and healing through Rachel's Vineyard. Married couples are encouraged to attend the retreat together.

Why would I need to attend?

Since abortion is usually a carefully guarded secret, many people fail to allow themselves to process their experience. Feelings are often buried and can eventually cause other problems.

2025 Retreat Weekends

April 25-27 & October 17-19

The Ark and the Dove Center

10745 Babcock Boulevard

Gibsonia, PA 15044

\$200/person

What can I expect?

A chance to get away from daily pressures and to look at the painful past through a supportive and nurturing process. The time away provides an opportunity to enter the grieving process and identify all the ways abortion may have affected you. Pain and suffering are then transformed through a spiritual process using rituals, meditations, a memorial service and Mass of Resurrection. Sorrow, remorse and anger ultimately give way to peace and acceptance.

The weekend is intense and emotional but yields a fruitful harvest. The retreat team includes a retreat facilitator, a licensed therapist, a Catholic priest and others who have found healing through the retreat process.

For I know well the plans I have in mind for you, says the Lord, plans for your welfare, not for woe, plans to give you a future full of hope.

Jeremiah 29:11

Rachel's Vineyard Retreat

Registration deadline is one week prior to retreat

Full Name:

Address:

Street

City, State, Zip

Phone:

Email:

Retreat Weekend of choice:

Cost: \$200

Amount Enclosed:

All information is kept confidential

Please make check payable to Rachel's Vineyard of Pittsburgh and mail with this completed form to:

Toni Jester : PO Box 90273

Pittsburgh, PA 15224